



## STUDENTS OF THE WEEK

Week 9– including others



### **P/1- Angus**

For being inclusive in the classroom by welcoming others to join in and ensuring everyone has a fair turn during games.



### **1/2- Hunter**

For always looking out for others and making a thoughtful effort to include everyone, helping others feel welcome and valued.



### **3/4- Aaliyah**

For ensuring that all others have a part to play in group work.

### **Rose**

For choosing to always include others, during group work or games.



### **5/6- Olivia**

For including others in group work and making sure everyone has a chance to contribute.

## DATES TO REMEMBER:

<b>Thursday 18th June</b>	Last Sporting Schools for term 2
<b>Friday 19th June</b>	Reports distributed EOT Lunch orders due
<b>Monday 22nd June</b>	School Review, Parent Forum at 8.30am
<b>Tuesday 23rd June</b>	STEM today!
<b>Wednesday 24th June</b>	End of Term lunch Parent Teacher Meetings
<b>Thursday 25th June</b>	Parent Teacher Meetings
<b>Friday 26th June</b>	EOT, 2.15pm Assembly, 2.30pm dismiss No ASC

### ***MILO WEDNESDAYS TERM 3***

Middle Mate's focus Wk 10 is  
***Taking pride in work presentation***



#### TERM 3 MILO ROSTER

Date 10.45-11.30am	Helper 1	Helper 2
15 July	Beth Westworth	Juliet King
22 July		
29 July		
5 Aug	Juliet King	
12 Aug	Beth Westworth	
19 Aug		
26 Aug	Beth Westworth	
2 Sept		
9 Sept		
16 Sept		

**HOT MILO-** Can you spare 45 minutes on a Wednesday in term 3?



Happy birthday  
Madison- 18th  
Bowie-20th  
Charlie Wilson- 21st  
Emad- 28th



**BE SAFE,  
BE RESPONSIBLE,  
BE RESPECTFUL**

#### SCHOOL BANKING DETAILS

**Middle Kinglake PS Acc**  
BSB: 063 855  
Acc # 1002 8919

Please use your family name and reason for payment as a reference

For example: Jones Swimming



**OSHC PHONE NUMBER:  
0422 567 312**



**WINTER BEANIES:** They've arrived and look great. They're available from the office for \$25.

**LEARNING WALKS:** Thanks to Stacey who came along for the Literacy Learning Walk on Wednesday. It was great to observe practice in classrooms and answer any questions. I'll plan another one in term 3.

**PARENT TEACHER MEETINGS:** Please see page 6 to book your mid year Parent Teacher meeting. A great opportunity to discuss your child's progress with their classroom teacher. Meetings are 10 minute allocations, please complete the form or email me directly to secure a day and time.

**YOU'RE INVITED:** On Monday we have our School Review. School Review's happen every 4 years and are conducted by an independent reviewer. From the Review we are get our direction for the school's next 4 year Strategic Plan. On Monday a Parent Forum will be held from 8.30-9am in the Music room. If you've got time at drop off please join in. It would be great to have as many voices as possible to help shape the future for our students. Please don't hesitate to ask if you have any questions.

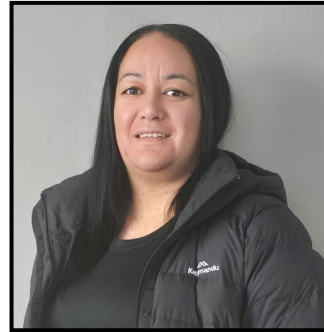
**END OF TERM:** Just a reminder of the EOT events happening next week– Hot Lunch on Wednesday, Parent Teacher Meetings Wednesday and Thursday, last day on Friday– assembly at 2.15pm, early dismissal at 2.30pm and no After School Care.

**LAST SPORTING SCHOOLS:** This afternoon is the last Sporting Schools session for this term. Thanks to Michael and Bec for running the fun sessions each week. SS will resume week 2, term 3. See page 16.

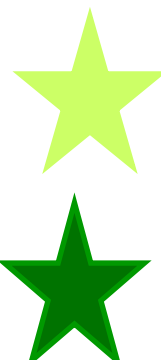
**STAFFING:** We are happy to announce some staffing appointments for next term. Miss Makuini (pronounced Macqueenie) will take over from Mrs Lang and be the P/1 teacher until the end of the year. Miss Makuini will start on Monday 20th July and Mrs Lang will finish in the first week of August so there will be lots of time for a thorough handover. I know everyone will make Miss Makuini feel very welcome at MKPS. Congratulations and welcome to Jasmine Hope– Jasmine will replace Remi for Before School Care and in the classrooms each day. Jasmine will start at the beginning of term 3 and Remi will finish up on 18th August. Jasmine has already been working in Grade 1/2 on a Thursday and filling in for OSHC, so she is familiar with MKPS. Welcome to the team Miss Makuini and Jasmine!

## **HOMWORK HABITS**

Chloe looks very comfortable completing her homework. Great spot Chloe!

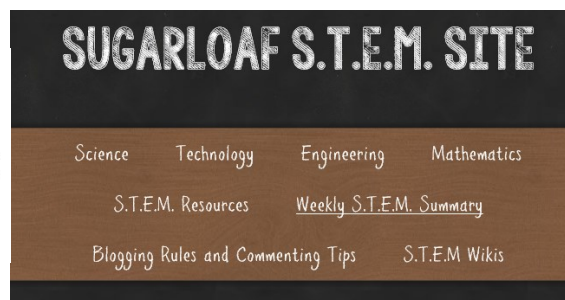


Man's best friend as a homework helper– Liam & Oakley and Abigail & Anchor.





## SCIENCE, TECHNOLOGY, ENGINEERING & MATHS *with Chan, each Monday*

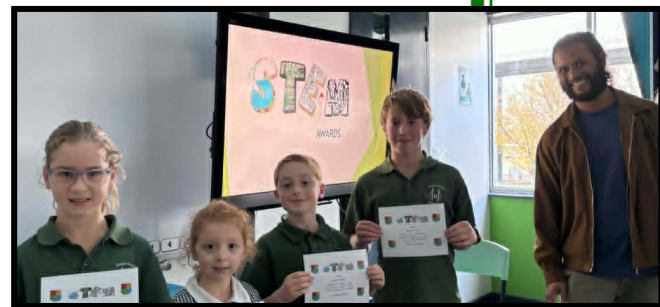


### Sugarloaf STEM Blog

We did some synthesis of what we've learned this term this week. We thought about the whole process of design and some of us were able to use what we'd done in the weeks prior to come up with some fantastic designs. For example, working pencil holders and even a 3D printed egg holder! Some of our juniors showed just how measured they are by sketching several designs and using them to decide the most functional.

### **CONGRATULATIONS TO THIS WEEK'S STEM AWARD RECIPIENTS:**

- P/1**– Isabella
- 1/2**– Harrison
- 3/4**– Skye
- 5/6**– Liam



**Last chance  
for orders**

**END OF TERM LUNCH, WED 24<sup>th</sup> JUNE**

**Orders due Friday 19<sup>th</sup>**

Student name: \_\_\_\_\_

Hot Dog \$6

(choose toppings- cheese, sauce, mustard)

Cup of juice \$2

Total: \_\_\_\_\_  cash  bank deposit

Any dietary requirements: \_\_\_\_\_



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Hot Dog \$6

(choose toppings- cheese, sauce, mustard)

Cup of juice \$2

Total: \_\_\_\_\_  cash  bank deposit

Any dietary requirements: \_\_\_\_\_





EXTONS ROAD,  
KINGLAKE CENTRAL 3757  
PH: (03) 5786 1295

FAX: (03) 5786 2090  
email: [middle.kinglake.ps@edumail.vic.gov.au](mailto:middle.kinglake.ps@edumail.vic.gov.au)  
website: [www.mkps.vic.edu.au](http://www.mkps.vic.edu.au)

### Mid Year Parent Teacher Meetings

**Wednesday 24<sup>th</sup> & Thursday 25<sup>th</sup> June 2026**

Staff will conduct Parent Teacher Meetings on Wednesday 24<sup>th</sup> from 3.30-5.30pm and Thursday 25<sup>th</sup> June from 1.30-6.30pm. Conversations will be 10 minutes each. Please indicate which teachers you need to see and the day/time bracket that suits. Please ensure completed forms are returned to school by Thursday 18<sup>th</sup> June, or email

[Meagan.Callander@education.vic.gov.au](mailto:Meagan.Callander@education.vic.gov.au) to book a time. Please don't hesitate to contact the school if you have any questions or if you'd like to organise an alternate time.

Family name: \_\_\_\_\_

Teachers, days and time bracket (please tick)

<b>Mrs Lang P/1</b>	<b>Miss Aldous 1/2</b>	<b>Mrs Burgess Gr 3/4</b>	<b>Mrs Wilkinson 5/6</b>
<i>Wednesday 24<sup>th</sup></i>	<i>Wednesday 24<sup>th</sup></i>	<i>Wednesday 24<sup>th</sup></i>	<i>Wednesday 24<sup>th</sup></i>
.....3.30-4pm	.....3.30-4pm	.....3.30-4pm	.....3.30-4pm
.....4-4.30pm	.....4-4.30pm	.....4-4.30pm	.....4-4.30pm
.....4.30-5pm	.....4.30-5pm	.....4.30-5pm	.....4.30-5pm
.....5-5.30pm	.....5-5.30pm	.....5-5.30pm	.....5-5.30pm
<i>Thursday 25<sup>th</sup></i>	<i>Thursday 25<sup>th</sup></i>	<i>Thursday 25<sup>th</sup></i>	<i>Thursday 25<sup>th</sup></i>
.....1.30-2pm	.....1.30-2pm	.....1.30-2pm	.....1.30-2pm
.....2-2.30pm	.....2-2.30pm	.....2-2.30pm	.....2-2.30pm
.....2.30-3pm	.....2.30-3pm	.....2.30-3pm	.....2.30-3pm
.....3-3.30pm	.....3-3.30pm	.....3-3.30pm	.....3-3.30pm
.....3.30-4pm	.....3.30-4pm	.....3.30-4pm	.....3.30-4pm
.....4-4.30pm	.....4-4.30pm	.....4-4.30pm	.....4-4.30pm
.....4.30-5pm	.....4.30-5pm	.....4.30-5pm	.....4.30-5pm
.....5.30-6pm	.....5.30-6pm	.....5.30-6pm	.....5.30-6pm
.....6-6.30pm	.....6-6.30pm	.....6-6.30pm	.....6-6.30pm

# Social Emotional Learning

with Mrs Mitchell

## Term 2 Recap

Students continued to work on the GEM principles –

**Gratitude, Empathy, Mindfulness and Emotional Literacy.**

One of the main topics over the term was **Mindfulness** and how we can practise it in a variety of ways. Students looked at mindful activities such as yoga, meditation and breathing exercises. This allows students to try a variety of strategies and choose which ones they can continue to use independently. Students enjoyed learning about different breathing exercises they can use to calm their breath and refocus. The following page explores a few ideas that you might like to try at home.

## Mindful Mondays

On Mondays at lunchtime, the GEM leaders ran mindful colouring, origami and mindfulness sessions. Students from all grades enjoyed colouring and listening to relaxing music. A huge thank you to Term 2 GEM leaders – Isabella, Mackenzie, Piper, Toby, Abigail, Evelyn, Liam and Eliza.

## Parent involvement

The Resilience Project Family Hub website is designed to keep you in the loop, inspire everyday wellbeing practices at home, and help strengthen the connection between what your child is learning in the classroom and how you support them in life. Head over to the Family Hub to learn more about the evidence-based strategies being taught in the classroom, so you can enhance their impact at home. You'll find activities you can practice to support your family's wellbeing.

<https://theresilienceproject.com.au/family-hub-3/>



## **Child safety and wellbeing at Middle Kinglake Primary School: information for families and the school community**

Middle Kinglake Primary School is committed to providing an environment where students are safe and feel safe.

Our child safety framework [policies](#) explain how we support and maintain child safety and wellbeing at Middle Kinglake Primary School. It includes our:

- Child Safety and Wellbeing Policy
- Child Abuse- Identification and Response Policy, and
- Child Safety Code of Conduct, which outlines acceptable and unacceptable behaviours for all staff and volunteers at our school.

Our students and families are important partners in providing a child safe environment. These regular newsletter reminders are one of the ways we ensure our school community is aware of:

- our commitment to child safety, and
- how to provide feedback or raise child safety concerns.

If you have any concerns about child safety at any time, please contact Middle Kinglake Primary School on 03 5786 1295.

We also welcome your ideas on ways we can improve our approach to child safety and wellbeing. If you have any suggestions or comments please contact Middle Kinglake Primary School on 03 5786 1295 or at [middle.kinglake.ps@education.vic.gov.au](mailto:middle.kinglake.ps@education.vic.gov.au).



# KINGLAKE BASKETBALL

UNDER 8'S+

19 JUL - 4 DEC

EARLY BIRD PRICE \$135

VALID UNTIL 1.7.26



REGISTRATION IS NOW OPEN

[HTTPS://BIT.LY/KINGLAKEBASKETBALL](https://bit.ly/KinglakeBasketball)

★ JOIN THOUSANDS OF SCHOOLS, WORKPLACES & FAMILIES ★

NATIONAL

# PYJAMA DAY



KIDS IN FOSTER CARE HAVE

**BIG DREAMS**

YOU CAN MAKE THEM POSSIBLE

Receive a  
**FREE HOST KIT!**  
Everything you  
need to get  
started!

**REGISTER.  
WEAR YOUR PJS.  
RAISE FUNDS.  
CHANGE A LIFE.**

**FRIDAY  
24  
JULY**

OR HOST PYJAMA DAY  
ANYTIME IN JULY - AUGUST

**REGISTER AT NATIONALPYJAMADAY.COM**

**Toilet Roll \$1**  
**Tissue Box \$2**  
**Paper Towel \$3**



**Available from the front office.**



Some great strategies to develop independence in students. We understand mornings can be tricky. What we are all aiming for is happy, independent students who can walk down to the classrooms, carrying their own school bag and can unpack and get ready for learning without assistance. Teachers are always in classrooms ready to greet students and prepare them for the day ahead. Please let us know if you require additional assistance with this.

# THE GOODBYE PLAN: HELPING MORNINGS FEEL SAFER

## WHAT A GOODBYE PLAN IS

A goodbye plan is a predictable, calm way to separate in the morning. It helps children know exactly what will happen, reducing anxiety and emotional overload at the school door.

## WHAT MAKES A GOODBYE PLAN WORK

Short, consistent goodbyes help the nervous system settle more quickly. When separation feels hard, staying longer can sometimes increase distress rather than reduce it. This isn't because children need less comfort — it's because their bodies are finding it hard to let go while the attachment figure is still there.

## HOW TO SUPPORT BIG FEELINGS

You can acknowledge feelings without extending the goodbye. Calm confidence, gentle validation, and a clear plan help children borrow regulation. Tears can happen alongside a safe goodbye — they don't mean you've caused harm or that the plan isn't working.

## WHY GOODBYES CAN FEEL HARD

Goodbyes activate the attachment system. For some children, especially those experiencing separation anxiety, the presence of a parent can intensify big feelings — not because the parent is doing anything wrong, but because attachment makes the separation feel more real.

## A SIMPLE GOODBYE PLAN MIGHT SOUND LIKE

"We walk to the gate together. We have one hug. I tell you I love you and that I'll be back after school. You go in with your teacher. I'll be thinking of you".

## WHAT CHILDREN NEED MOST

Children need to feel believed, supported, and confident in your return. A clear goodbye plan sends a powerful message: "You are safe. You can cope. And I will always come back".



FREE DOWNLOAD - an extended THE GOODBYE PLAN- FOLLOW the page, LIKE the posts and comment GOODBYE below. Be sure to follow all the steps to receive the link.



## MIDDLE KINGLAKE PRIMARY SCHOOL

Is your child starting school  
in 2027?

It's time to book a tour!

Call 5786 1295 to book a time.

We would love to show you what we  
have to offer our future Prep  
students!

BE RESPECTFUL

BE RESPONSIBLE

BE SAFE

Apply online via VicStudents  
[students.educationapps.vic.gov.au/s/](https://students.educationapps.vic.gov.au/s/)

ONLINE ENROLMENTS OPEN FROM 20<sup>TH</sup> APRIL 2026.





# MIDDLE KINGLAKE PRIMARY SCHOOL

## Gumnuts Storytime



*For 3 & 4 year olds, 9.30-10:00am  
in the P/1 Room at MKPS.*













**Thursdays- 7<sup>th</sup> May, 21<sup>st</sup> May, 4<sup>th</sup> June, 18<sup>th</sup> June**



*Come along for a story and activity  
in the P/1 room, with Mrs Lang.*

Contact the school for information  
on 5786 1295, or just turn up.

# July 2026

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4	5
	6	7	8	9	10	11	12
Wk 1	13 <i>Welcome back!</i>  3.15pm Assembly	14	15 	16 P-2 Responsible Pet Care 	17 5/6 Arts Centre show– Melb 	18	19
Wk 2	20 <i>Sporting Schools starts</i> Gr 3-6 Democracy workshops 	21 <b>100</b> <i>Days of school celebrations P/1</i> 	22 3/4 Hooptime  	23	24 PJ Day 	25	26 <i>Boite Rehearsal</i> Yea PS 2-4pm 
Wk 3	27	28 5/6 Hooptime 	29 	30	31		



## IMPORTANT FUTURE DATES FOR YOUR REFERENCE

100 DAYS OF SCHOOL– P/1– Tuesday 21st July

BOITE SCHOOLS' CHOIR– Tuesday 11th August

P-2 CAMP ACTIVITY DAY & GR 2 SLEEP OVER–  
Thursday 17th September

GRADE 6 GRADUATION– Thursday 3rd December

GRADES 3-6 CAMP– 7th-9th December

END OF YEAR CONCERT– Monday 14th December 6pm



# **Sporting Schools is back for term 3!**

**AND it is free!**

Monday & Thursday afternoons  
3.30-4.30pm

*Starts Monday 20th July and concludes  
Thursday 10th Sept*

Come along and join in the fun with  
Michael & Bec!

-fun based game play & skill development:  
including bike riding, Auskick, basketball,  
badminton, cricket and much more.  
Contact Meagan or Michael for more details.

